

Kit List

Clothing

waterproof walking boots
approach shoes or similar
walking trousers
base layers
lightweight fleece/softshell
thicker fleece/softshell
insulated top/belay jacket
waterproof top & trousers
warm/waterproof gloves
warm hat, sun hat, sunglasses

Camping etc

backpacking tent *
sleeping mat
sleeping bag (3 or 4 season rated)
camping cooking stove + pots etc
trekking poles (not vital)
headtorch
compass (silva type 4)
map case
50ish litre rucksac + waterproof liners
small personal first aid kit + whistle

Climbing

helmet *
climbing shoes *
harness + belay device *
chalkbag *
nutkey + snapgate carabiner *
2 x prussic loops + screwgate carabiner *
climbing rack and rope *

Kayaking / Canoeing

buoyancy aid / PDF *
dry jacket and trousers *
(or a dry suit)
wetsuit boots *
spraydeck *
watersports helmet *
10m tow line *
dry bags (variety of sizes) *

Additional Watersports

5mm Winter Wetsuit *
3mm Wetsuit Gloves *

* Centre can provide